



ARS LAVAL

SOCCKER EXCELLENCE PROGRAM

AUTUMN 2019- WINTER 2020



For U10-U13 Student-Athletes in Grades 5 to 8

Program Overview

What is the Soccer Excellence Program?

- *After school development program for student-athletes*

When and Where

Adapted training schedule

- *Twice weekly (Monday and Thursday)*
- *4:40pm – 5:55pm at the Bois-de-Boulogne Complex (955 Bois de Boulogne, Laval)*

Two training blocks of 10 weeks

- *Block 1 – Begins October 2019 & Block 2 – Begins January 2020*

Benefits of the Soccer Excellence Program

Complimentary development structure to clubs

- *Student-athlete continues to play with his/her club while benefitting from the supplementary training provided by the program*

Elite, Experienced and Professional staff

- *Work under the auspices of the ARS Laval Technical Staff*

Promotes academic success

- *Students maintain regular class schedules or course selection*
- *Motivates and promote academic achievement*

The Soccer Excellence Program works concurrently with the educational institution to ensure that academic success comes first.

Objective of the Soccer Excellence Program

The primary objective of the Soccer Excellence Program is to provide student-athletes with supplementary training, acting as a complimentary development structure that works alongside their clubs. The additional training can provide them with the necessary skill level and interest to continue their playing career into the elite or competitive structures (National team, PLSQ, Impact Academy, CNHP, NCAA, RSEQ) available to them or remain active and healthy for life.

Program Requirements

The program is open to all student-athletes registered with a Club affiliated to ARS Laval and that meets the technical standards for the program.

STAFF 2019-2020

Alex Gasparello – Assistant Technical Director at ARS LAVAL

- *B Licence & UEFA B (Italy)*
- *FSQ Course Instructor*
- *NCCP Level 3*

IMPORTANT DATES

Deposit for Block 1 – September 20th

Start of Block 1 – October 7th

End of Block 1 – December 16th

Deposit for Block 2 – December 5th

Start of Block 2 – January 20th

End of Block 2 – April 2nd

Registration Procedure

Complete Registration Form

Send initial deposit of 250\$ via check (made out to ARS Laval) or pay via card in person

PROGRAM COST (\$)

The total cost for the Soccer Excellence Program is **\$575** per 10-week block.

A half-block or 10 sessions is **\$325**.

The cost for both 10-week blocks (20 weeks of training) is **\$1150**.

Following the start of a block, the deposit is non-refundable.

Return all forms and post-dated checks (if applicable) to

ARS Laval

Programme Excellence

955 Bois-de-Boulogne, Suite 200 Laval, H7N 4G1

Note - Important information session for parents and players

Centre Multisports Bois-de- Boulogne (2nd floor meeting room)

Block 1 – Wednesday September 11th 2019 at 7pm

Block 2 – Wednesday December 11th 2019 at 7pm

For more information, please email:

Alex Gasparello

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